

Some tips for getting along

- **Keep it in perspective.** Learn to sometimes laugh at your mistakes and smile more to create positive energy around you and make you more approachable.

Some tips for getting along

- **Let go.** Experts say it's important to think about what you can learn from a conflict at work.
- Learning to let go of grudges and trying to learn from a workplace disagreement can free you from past hurts and help you look for new learning opportunities.

Some tips for getting along

- **Walk in the other person's shoes.**
How great would it be for there to be some cross-training in the practice?

Some tips for getting along

- **Show some appreciation.** When people make a difference in your day, how do you show it?
- Don't only show thanks, but accept it as well.

Something to always remember...

**Evaluate
the people
in your life;
then promote,
demote, or
terminate.
You're the
CEO of your
life.**

Demon #4 – Just a job

- Do you spend more hours at home awake or at your job?
- You're not “just a dental assistant” and you have more than just “a job.”
- Do you love what you do?
- If not, why?
- What would make what you do what you enjoy?

Demon #4 – Just a job

- You're not alone. Network with other dental assistants. Share your triumphs and struggles.
- Take that extra step.
- Find the part of your day you love the most and build upon it.
- Talk to your doctor. Tell him or her what you love to do and see how it could be expanded.

Knowledge is power...



Need confidence?

Five key things you can do

- Stop with the putdowns.
 - No negative self-talk
- Lose the “poor me” attitude.
 - Being a victim gets you nowhere
- Grow up.
 - How you deal with things is growth
- Take action.
 - Learn from your mistakes
- Believe in yourself
 - If you don’t believe in you, who will?

Speaking of 5...

- Let's talk about 5 ways you can C.R.U.S.H. your dental assisting career



“C” stands for continue your education journey



Remember Alice in Wonderland?

- One day, Alice came to a fork in the road and saw a Cheshire cat in a tree.
- “Which road do I take?” she asked.
- “Where do you want to go?” was his response.
- “I don’t know,” Alice answered.
- “Then it doesn’t matter,” said the cat.
“Any road will get you there.”

The old fable...



“R” stands for relationships win
the day





Meet Coach Anson Dorrance...



Motivation thought...

- “I think that most people don’t understand this. Playing for championships or titles is very overrated. It always stuns me when someone outside our team fabric comes up before a critical game and assumes that the team’s going to be motivated because of the event. **In my experience, teams aren’t motivated for championship games. They are motivated for each other.**”

“U” stands for
understanding your role



CANADIAN DENTAL ASSISTING SCOPE OF PRACTICE

Skills*	PROVINCE/TERRITORY												
	BRITISH COLUMBIA	ALBERTA	SASKATCHEWAN	MANITOBA	ONTARIO (Level 2)	QUEBEC	NEW BRUNSWICK	NOVA SCOTIA	PRINCE EDWARD ISLAND	NEWFOUNDLAND & LABRADOR	YUKON	NORTHWEST TERRITORIES	NUNAVUT
4-handed dentistry											?	?	?
Radiography											?	?	?
Preliminary impressions											?	?	?
Apply/Remove dental dam											?	?	?
Apply/Remove matrice & wedges											?	?	?
Apply/Remove liners & bases											?	?	?
Coronal polishing					w/o instruments						?	?	?
Oral irrigation													
Oral hygiene instruction											?	?	?
Dietary counselling											?	?	?
Pit and fissure sealants											?	?	?
Topical Anaesthetic											?	?	?
Apply agent desensitize											?	?	?
Take vital signs											?	?	?
Fluoride application											?	?	?
Tooth bleaching/whitening											?	?	?
Making and inserting trays for tooth bleaching							?						
Suture removal											?	?	?
Apply acid etch											?	?	?
Apply bond material											?	?	?
Take plaque indices											?	?	?
Pulp vitality test											?	?	?
Assess oral health status											?	?	?
Public health screening											?	?	?
Fabricate + Insert + Adjust (outside the mouth) mouthguards											?	?	?
Fabricate occlusal rims											?	?	?
Insert occlusal rims											?	?	?
Ortho Module											?	?	?
Scaling Module											?	?	?
Prostho Module											?	?	?
Implant Module											?	?	?
Apply anti-microbial agent											?	?	?
Remove perio dressing											?	?	?
Place/remove retraction cord											?	?	?
Dental probing											?	?	?
Provisional restoration											?	?	?
Facebow transfer											?	?	?
Place & finish amalgum fillings											?	?	?
Periodontal, screening & recording module											?	?	?
Basic Life Support /CPR	Not required	Not required			Not required	?	Not required		Not required		?	?	?
Infection Prevention & Control						?					?	?	?

Provincial/territorial Scope **includes** this skill
 Provincial/territorial Scope **does NOT include** this skill

Updated as of June 2022

*** SKILLS REQUIRE FORMAL TRAINING AND PROVINCIAL REGULATORY APPROVAL - PLEASE CONTACT YOUR PROVINCIAL REGULATOR DIRECTLY WITH ANY QUESTIONS***

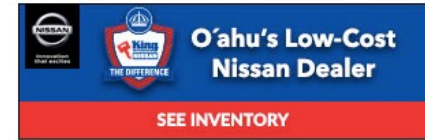
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Niwot, CO: This Unbelievable, Tiny Company Is Disrupting A \$200 Billion Industry



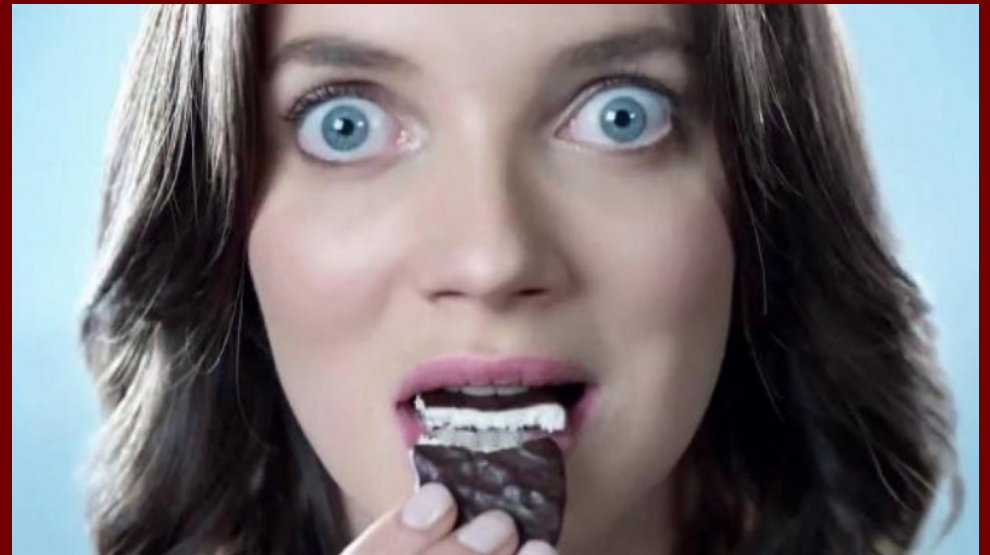
Assistant says dentist told her not to get help when girl stopped breathing

By [Nelson Daranciang](#)

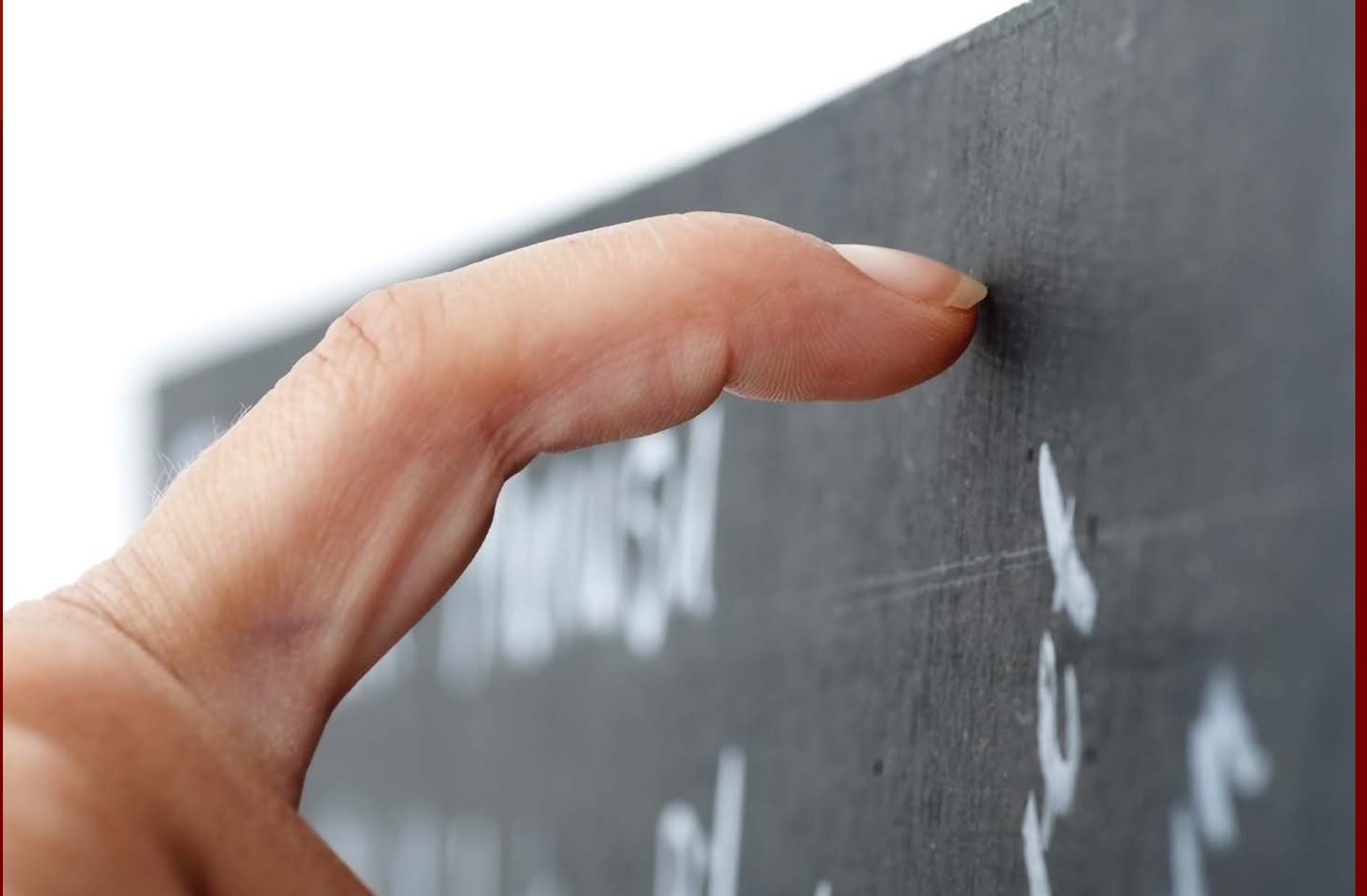
Posted on November 8, 2018 12:05 am

A dental assistant told a state jury Wednesday that when she asked her boss, former Kailua dentist Dr. Lilly Geyer, if she should get help during an emergency involving 3-year-old Finley Boyle, Geyer told her no. [Read More](#)

“S” stands for
start with your attitude



Is it like this?

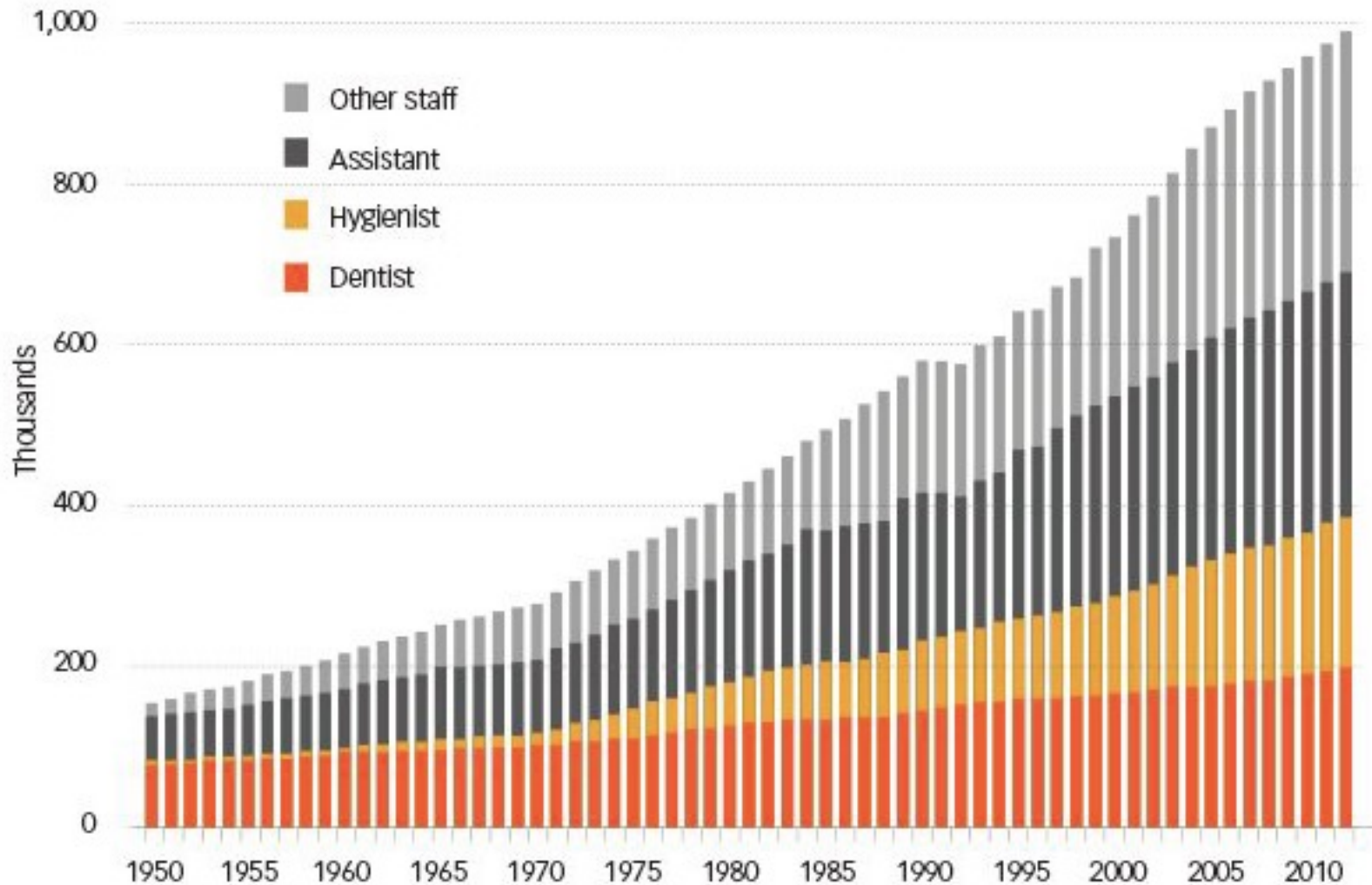


“H” stands for
harnessing your potential



There are a lot of you out there

FIGURE 1—Dental personnel in the labor force¹



When you find your why...

MORE!
MORE!
MORE!

Heeeeeere's Johnny!

- “Never continue in a job you don't enjoy. If you're happy in what you're doing, you'll like yourself, you'll have inner peace. And if you have that, along with physical health, you will have had more success than you could possibly have imagined.”

-- Johnny Carson

How's your inner goldfish?

